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# University Lutheran Church of Hope

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## Mission:

University Lutheran Church of Hope  
is a welcoming, Christian community of faith  
centered in God's grace and  
called to demonstrate God's love for the world.

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## Calendar for the Week of March 7, 2010

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### Sunday, March 7, 2010

8:30a - Worship  
9:30a - Education Hour  
9:30a - Senior Choir  
10:30a - Worship  
2:00p - Crohn's Benefit Cello Recital

### Monday, March 8, 2010

9:30a - Hope Quilters  
6:30p - Joy Project Meeting

### Tuesday, March 9, 2010

11:30a - Staff Meeting  
5:30p - MHNA Land Use Committee  
6:30p - Vision & Governance Board  
7:00p - North Star Ski Touring Club

### Wednesday, March 10, 2010

12:00p - Lenten Worship  
5:15p - Adult Handbells  
5:30p - Lenten Soup Supper  
6:00p - Chapel Choir  
6:00p - Lenten Discussion  
6:00p - Youth Interfaith Study  
7:00p - Emotions Anonymous  
7:00p - Facilities Team  
7:00p - Lenten Worship

7:30p - Senior Choir

### Thursday, March 11, 2010

9:30a - Dorcas Circle  
1:30p - Gloria Circle  
6:30p - Alcoholics Anonymous  
7:00p - Well Spouse Group

### Friday, March 12, 2010

9:30a - Pease Art Workshop  
6:30p - Crafters' Group

### Saturday, March 13, 2010

9:00a - Confirmation  
9:00a - How Much Is Enough? Parents'  
Class  
10:00a - Birth-to-5 Parents' Brunch  
6:30p - China Outreach Ministries

### Sunday, March 14, 2010

8:30a - Worship  
9:30a - Education Hour  
9:30a - Senior Choir  
10:30a - Worship  
11:45a - Fellowship Meal/Sabbatical  
Leave/Birthday Celebration  
7:00p - Book Club

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## Announcements

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### Worship and Music

On March 14, we welcome Helmut Koester, Professor Emeritus at Harvard University, as our guest preacher at both services. *And don't forget the sabbatical party that day; a great meal to follow the 10:30 worship - ALL are invited!*

### Prayer Ministry

**Prayer concerns:** We pray for our home-bound members, those recovering from illness or surgery, members of the military, and those grieving loved ones.

We pray for the family of Margaret Ernst who died on Tuesday, March 2. Her memorial service will be held on Monday, March 15 at 11 a.m. at the church.

**Daylight Savings Time** (Spring Ahead) begins a week from this Sunday on March 14.

### Leadership

**Pastor on Call:** Rev. Craig Shirley (612) 232-6070

### Education

**Adult Forum for today:** "Partnering in Nigeria: Walking Side-by-Side with Nigerian Lutherans" What does it mean to be a congregational partner in Nigeria? Kris Perry will focus her presentation on how our church might benefit from partnering with a Lutheran congregation in Nigeria and will share her experiences from her travels to Nigeria the past four years.

Next week: March 14 "Iran: is it *EAR-ON* or *EYE-RAN*?" Ali G. Ravi is an Iranian-American born in Tehran in the 60's. He arrived in the U.S. in 1983, and has been calling Minneapolis home since the 90's. Ali's first 16 years in Iran were spent fulfilling his fortune-cookie premonition of "living in interesting times" by having his semi-blissful childhood intertwined

with revolution and war. Some of those experiences are recounted in his new play *Spring of Freedom, Summer of Fear*, debuting on March 24<sup>th</sup> in St. Paul's Lowry Labs Theater.

**Living the Lord's Prayer**—On March 10, the special Wednesday schedule continues with soup, Lenten study, and worship.

~12:00p – Worship & Study

~12:30p - Soup and Bread

~5:30p – Soup and Bread

~6:00p – Adult discussion on the Lord's Prayer in the Heritage Hall

~6:00p – Youth Study

~7:00p – Worship in the Sanctuary

Child care and supervision will be provided from 6:00-7:30 p.m. each Wednesday. Check in with Elspeth Cavert in the nursery.

### **How Much Is Enough?**

Do you struggle with all the information about child rearing, development, brain research, programs and products that you might use in raising your children?

Do you feel like you're always saying no to your child and you wish you could find more positive and supportive words, too?

Do you want your child to have good self-esteem, discover and develop his/her unique gifts and grow into a well-adjusted adult?

Yes? Then come to the **How Much is Enough?** parenting class based on research about the overindulgence of children. Overindulgence isn't simply about too many things, but also about too much attention and too little structure.

As you know, parenting is a challenge. We aren't training to be perfect, just the best we can be. Come and learn and share in a safe and friendly environment.

**Six sessions on Saturday mornings, March 13, 27, April 10, 24, May 1, 15**

**9:00 Coffee and Rolls, 9:30-11:30 class.** Child care provided. \$30 per household includes book and learning materials. Ruth Phelps, early childhood and parent educator and Hope member will be the facilitator.

## Youth & Young Adults, Campus Ministry

**The registration deadline** is today for the summer service project. A \$150 deposit is due with registration. Contact Matt Fleming.

**Young Adults of ULCH**—On March 17 at 5 p.m. we are preparing and serving the Lenten Soup Supper. 3-4 volunteers needed; RSVP to Jen at jend@ulch.org if you are able to help.

**Interfaith Study: Buddhism**—High school and middle school youth as well as parents or other interested adults are invited to participate in an interfaith study of prayer at 6:00 p.m. on Wednesdays during Lent in the Youth Room. This week, Penny Freeh will be talking about Buddhist practice and prayer. Contact Matt Fleming for more information.

**Campus Ministry news—Bread and Belonging** has resumed Sundays at 5:30 p.m., at Grace University Lutheran Church. **Tuesday Soup:**

Soup's on at the Green House (310 Walnut). Stop by for a study break, some hearty warm soup and fellowship. The festivities start at noon. **Find Chaplain Kate on Facebook:** Friend her!

**Ushering for the Second Service**—March 21, 10:30 a.m. RSVP to Jen Dotson if you'd like to usher -- spots are still available.

## Relational Ministries

Today at 2 p.m. Lindsay Marie Perala-Dewey will be giving a Crohn's Benefit Cello Recital in the sanctuary. The web site for donations is <http://www.active.com/donate/napa10minnesota/napa10LPerala> .

**Birth to Five Parents' Brunch and Time Out** – March 13 from 10 a.m. – 1 p.m.

Come for brunch at 10 am and conversation with other parents. Free childcare until 1 p.m. so that you can run errands. Reservations needed.

Please contact Melissa and Paul Odebach, the hosts, or Diane Shallue at [dianes@ulch.org](mailto:dianes@ulch.org) or 612-331-5988 ext 19.

**Spring OLLI courses that meet here.** We have five seats reserved for our congregation for each course. Please contact Diane Shallue to register before March 11. The spring session begins March 22 and ends May 14.

Exploring Spirituality: Mondays 10-11:30 a.m. (4 seats left)

The Knowledge Drive: Mondays 12:30-2 p.m. (1 seat left)

Sites to Behold: Thursdays 12:30-2 p.m. (4 seats left)

**Spring Information Fair for OLLI** (Osher Lifelong Learning Institute) Wednesday, March 10 at 1 p.m. at Roseville Lutheran church, 1215 Roselawn Ave W. The featured speaker is former Minnesota Governor Arne Carlson who will present, "Rethinking State Government." The event is free and open to the public. Please RSVP by March 5 at 612-624-7847 or [olliregb@umn.edu](mailto:olliregb@umn.edu)

The **spring quarter devotional booklets** have arrived. Please pick up in the library. These are available for anyone. Check it out!

**WE ARE SORRY.** It has come to our attention in the office that the post office has for some unknown reason been diverting mail intended for us to the offices of North Community Church where Mercy Seat is housed. Some of the mail has been offering envelopes and last week they had someone steal mail from their church – including mail that was to be returned to us. Therefore **IF YOU HAVE MAILED A CONTRIBUTION CHECK TO THE CHURCH RECENTLY AND IT HAS NOT BEEN CASHED – PLEASE BE AWARE THAT IT MAY HAVE BEEN STOLEN. TAKE APPROPRIATE ACTION.** Call the church office if you need more information and speak with either Gayle Bidne or Pastor Shirley.