



# The Visitor



August 2017

Issue #13-7

Complex world. Thoughtful church.

---

601 13<sup>th</sup> Avenue SE  
Minneapolis, Minnesota 55414-1437  
Tel. (612) 331-5988 Fax (612) 623-0693  
www.ulch.org

*University Lutheran Church of Hope  
is a welcoming, Christian community of faith  
centered in God's grace and  
called to demonstrate God's love for the world.*

---

## Our Nigerian Partners

In July we welcomed Pastor Amson Hamman, his spouse Dorthea, and their family for worship and a potluck. This was a great chance for Pastor Amson to preach. During the meal we heard more about their life in Nigeria, St. Peter's Lutheran Church in Jos, Dogon Dutse Guest House (which Amson and Dorthea run for the Lutheran Church of Christ in Nigeria), and Dorthea's work as a social studies teacher at Hillcrest Academy. Dorthea and Amson responded to questions. Pastor Amson, the guest house, and the nearby congregation of St. Peter's Lutheran Church in Jos are our partners and regularly part of our prayers.

In September we'll again welcome Dr. Ibrahim Bitrus as our Theologian in Residence. In a program through the Minneapolis Area Synod, Ibrahim spends a month at a time in various synod congregations; their family will remain in this country as Ibrahim's spouse Julecy completes a degree. Next summer they will return to Nigeria, where Ibrahim will serve as a professor at the seminary.



Pictured left to right: Amson Hamman, Dorthea Hamman, Julecy Bitrus, Ibrahim Bitrus.

# Treasurer's Report

	Actuals June 2017	Budget June 2017	June 2017 Variance	YTD Actuals	YTD Budget	YTD Variation
General Giving	\$29,507	\$37,392	(\$7,884)	\$205,731	\$224,350	(\$18,619)
Rental Income	11,135	11,610	( 475)	59,966	69,658	( 9,691)
Total income	\$40,642	\$49,001	(\$ 8,359)	\$265,697	\$294,008	(\$28,310)
Total Expenses	\$61,054	\$50,501	\$10,553	\$312,111	\$303,008	\$ 9,103
Net Cash Activity	(\$20,412)	(\$ 1,500)	(\$18,912)	(\$46,414)	(\$ 9,000)	(\$37,414)



In this month's report I am going to let the giving numbers speak for themselves. Please remember Simply Giving and giving via text are great ways to continue to help our mission while relaxing on vacation. In regards to expenses – there have been some additional expenses for the year for building repairs that obviously are necessary to keep our building in good order – both for us and for our neighbors. If you have questions on either please contact me.

As I review the pledged amounts, giving, and other revenue in the past years, and the work our church has in front of us for 2017 and beyond, I have hope that our congregation will continue to realize that all our gifts – monetary as well as time and talents – are needed in our work.

May and June have shown positive net cash activity in the Building Fund. May's net cash activity was \$2,389 and June's was \$1,432. The cash balance in our Building Fund is at \$53.4K. We are blessed to have a wonderful building to call home. My hope is that we can continue to build this fund so we will be able to continue to maintain our beautiful building.

If you have any questions please contact me at [treasurer@ulch.org](mailto:treasurer@ulch.org).

Ruth Hedman  
Treasurer

---

## Staff Updates

### Faith Formation Ministry Position Now Filled

We are pleased to announce that Nicholas Tangen's role has grown. For the last year he has served as our part-time Community Engagement Coordinator. Beginning this summer, his role has been transformed to include not only community engagement but also faith formation for all ages. Nick's new title is Minister of Faith in Community. At United Seminary Nick is finishing up a Master of Arts in Leadership with a focus on social transformation. His gifts for ministry fit our congregation's needs extremely well, and Nick understands faith formation (for children, youth, adults, and seniors) and community engagements as two sides of the same coin. By spring time Nick will ramp up to full time. In the meantime, we'll support the faith formation ministry with a little extra help, particularly on Sunday mornings. Welcome, Nick, to this new role. Nick can be reached at [nickt@ulch.org](mailto:nickt@ulch.org).

### Child Care

Thanks to Clair Gustafson who has served as Hope's child care provider in the nursery for five years. Over this time, Clair has offered consistent and compassionate care to our kids and families. This month Clair and her beloved are moving to Chicago, and we thank Clair for such amazing work and faithfulness! Julia Gerloff has volunteered in the nursery for a year and has accepted the role as our new child care provider. Thank you, Julia! Watch for renewed guidelines for nursery use and ways you can support this element of our ministry.

## Worshipping with Kids

I returned recently from 3 ½ weeks away with our family in Ireland, Northern Ireland, and Scotland. A week of this time was on the island of Iona, part of the Inner Hebrides off the west coast of Scotland. Beautiful land, green hills, sheep—lots of sheep, and the blue sea often in sight. During this week we stayed with the Iona Community (check out [www.iona.org.uk](http://www.iona.org.uk)) and worshipped regularly at the Abbey. It is steeped in history that dates back to the time of St. Columba in 563 and the footsteps of pilgrims who have visited that “thin space” over the centuries since.



All that ancient holiness and you may be surprised by what I learned. Okay, it wasn't actually even new learning, but really...a reminder. It's the same learning/reminder that I've experienced when on parental leave as we welcomed kids into our family: Worshipping with kids is so wonderful and so hard. Why such a revelation? Because I spend a lot of time leading worship and that means I have less experience attending worship with my own kids, as in sitting next to them, figuring out snacks and trips to the bathroom, romping to the craft table, and trying mightily to encourage participation like reading the Bible stories, standing to sing, savoring the communion meal, or engaging in Christ's peace.

Thankfully Iona had a craft table of its own right in the center of the space, and on Sunday morning we made ample use of it. Like many parents, I heard a portion of the service and missed a portion, and it was so very good to sit close in the few quiet moments we had. Another morning we'd found our places just in the nick of time, but only after the service began did one of our kids realize that their friends (the other kids) were across the way coloring. We were seated in “the choir,” rows of choir stalls facing one another. As we carefully went to join the friends, one of the big wooden screens in front of the choir stalls crashed over (most were bolted down, but, alas, not that one) causing the organist to pause and the whole community to startle. No one was hurt, the organist picked up again, and God was praised. But, honestly, I kept my eyes down in awkward embarrassment. As much as I knew our kids were welcome, I was also self-conscious about hampering the worship of others.

Why do I share this story? Because things happen. I know the ideals like come early, pick your seats strategically, teach the rhythms of the service, plan for the time, step out if need. And still things happen. A community that accepts children while also teaching them how to participate and how to worship is a sacred treasure. I remember former staff member Diane Shallue commenting that in her many years at Hope she'd never had a complaint about children in worship. Hope has a gift for welcoming kids and their parents/grandparents. I don't take this for granted. Thank you. I write about it today, as a way of affirming this key role in faith formation and acknowledging that things happen – they just do. Wherever we worship, may grace abound, and in every age and stage may God be praised.

Late summer grace to you.

–Pastor Jen

# FAITH FORMATION NEWS



## Faith Formation for All Ages

### Sunday School at University Lutheran Church of Hope

The Sunday School year is quickly coming, with classes beginning on September 10, and teacher orientation at the end of August (date to be announced). Children's faith formation activities take place between the two worship services on Sunday mornings. Further details about programming will be available in the September *Visitor* and Thursday *Epistles*. If your children will be participating in Sunday School, please let Nick Tangen know.

In order to continue providing creative, energetic, and educational faith formation opportunities for the children at Hope, we are in need of volunteers to serve as teachers, substitutes, and musicians. If you are interested in assisting with this important ministry, please contact Nick Tangen at [nickt@ulch.org](mailto:nickt@ulch.org) or \*814. Thanks!

---

### From the Library

Your Church Library committee has been at work, continuing to sort, process, and shelve more books for the collection. Thanks to several recent generous donations, there are still more books that will soon be available to check out. This also means that the "Free Books" cart has many new volumes – so please help yourselves to these before they meet the ultimate recycler.

It seems a pity to throw away any resources, but we can no longer hold onto audio cassettes or VHS tapes. Media formats that were once innovative have become obsolete. Anyone who has an interest in these (and the devices to play them) is welcome to them. Remember that we provide recent issues of several periodicals: *The Christian Century*, a bi-weekly review of religious news, recent literature and films, theological essays, and wide-ranging commentary; *Biblical Archaeology Review*, reporting scientific discoveries in the Holy Land and other areas which relate to the events and times of biblical narratives; and, of course, our own ELCA's *Living Lutheran*

Our committee is looking for ideas for new purchases in the areas of devotional reading, children's books, adult fiction, and reference books, as well as possible subscriptions to magazines. Please leave your suggestions and requests at the Library check-out desk or at the church office. And keep reading.

John S. Setterlund

---

### Centering Prayer Fridays at 1:00 p.m.

*"Slowly, steadily, Centering Prayer patterns into its practitioners what I would call the quintessential Jesus response: the meeting of any and all life situations by the complete, free giving of oneself."*

Cynthia Bourgeault

Join us on Fridays at 1:00 p.m. in Thorpe Chapel for a time of quiet and holy rest. Centering Prayer is a method of silent prayer that prepares our faculties for the gifts of contemplation. Hope to see you there!

## Do You Enjoy Making Someone Smile?

**Friendly Visitors at Hope** are important ambassadors who can bring a smile and caring word to members and friends of University Lutheran Church of Hope who need and enjoy a friendly connection with a person or a family from their home congregation. Friendly Visitors are assigned to make a visit once a month (or more often if you like) to a member who is homebound or is a resident of an assisted living or care facility, or to anyone who feels the need of a church companion.

Friendly Visitors can visit solo or with another person, or with your whole family! To learn more about our hopes and expectations for University Lutheran Church of Hope Friendly Visitors, and the joy of putting a smile on someone's face, we invite you to attend the next gathering of old, new and current Friendly Visitors, Wednesday, August 23, 2017, 5:30–7:00 p.m. There will be a brief overview of the ministry, time for Q&A, and a chance to hear some great Friendly Visitor stories! A light supper will be provided.

RSVP to Rosalie Eldevik at 651-644-0287 or [raldevik@gmail.com](mailto:raldevik@gmail.com) If you're unable to attend the gathering, you may talk with Rosalie, or with Pastor Barbara Johnson, our new Pastor for Care and Nurture, at 612-331-5988, \*818 or [barbaraj@ulch.org](mailto:barbaraj@ulch.org)

---

## Bread Oven Building at Grand Marais

Four Hope members (John Bablitch, John Beane, Bob Dickhaus, and Bryan Kufus) attended a four-day class entitled "Ovencrafting: Building and Baking in the Wood-Fired Brick Oven" at the North House Folk School in Grand Marais, MN. We learned the fundamentals of brick masonry and got plenty of practice laying brick. Over three days we built the core of the oven, including hearth, walls, two barrel arches, and a chimney. The core was sold to one of the class participants at materials plus 25%.

One day the class mixed dough and baked two bread recipes, one a sourdough and one a buttery poolish (a pre-fermented yeast mixture). We used the wood-fired oven on the school grounds. Everyone went home with four fresh-baked loaves. We also baked pizzas on Saturday night with all the assembled classes and staff – more than 60 people. Fun was had by all, a foretaste of events we will sponsor after building our own wood-fired oven at Hope.



Baking bread



Oven in Progress



Setting the keystone

## Sanctuary Coalition Update

*Because the Gospel calls us to love our neighbors as ourselves, University Lutheran Church of Hope declares our partnership with immigrants and others to resist unjust immigration policies and to offer our building as a holy sanctuary.*

Keep an eye out in the *Thursday Epistles* and bulletin announcements for opportunities to participate in this important work. The University Area Sanctuary Coalition continues to meet and support one another in the work of Sanctuary. Each month the coalition holds a Prayer Vigil focusing on issues related to immigration justice. In September this Vigil will be hosted by University Lutheran Church of Hope on September 24 at 7:00 p.m.

If you would like to help with Sanctuary efforts at University Lutheran Church of Hope, please contact Nick Tangen or Ann Beane.

---

## Immigration Court Observer Program

The Binger Center for New Americans at the University of Minnesota needs immigration court observers. During an approximately 2½ hour volunteer shift, the Immigration Court Observer Program gives you a chance to see what immigration court actually looks like and to hold the government accountable for respecting non-citizens' rights.



You do not have to have any legal training. The program materials you will receive prior to your volunteer shift will explain everything you need to know – where to go, what you are to do, and what to expect. The information that you will gather while observing the court proceedings will help other legal groups respond to issues that may arise, such as absence of trained translators, unreasonable bail demands by prosecutors, etc.

If you would like more information about the immigration court observer program or would like to sign up for the program, go to the Center's website at <https://www.law.umn.edu/james-h-binger-center-new-americans/volunteer-opportunities> or talk to Nick Tangen for more information.

---

## Conversations with Friends

Conversations with Friends is an ecumenical accompaniment program. Members of this program visit immigration detainees and send them letters to support them during their detention. Basic Spanish is preferred but not necessary.



The Conversations with Friends program also accepts donations, which are put to great use for immigrant detainees. For example, when immigrants who were originally detained in the summer have been released in the middle of the winter, Conversations with Friends members have gone to Fort Snelling to pick them up, figured out where they will spend the night, and brought them a warm jacket. For additional information, see [www.conversationswithfriendsmn.org](http://www.conversationswithfriendsmn.org) or talk to Nick Tangen.

# Congregational Life

## Dates to Keep in Mind:

August 6: Baptism for Tyrsa Jaede. Welcome Back Students Event planning meeting.

August 6-11: Youth at Camp Amnicon

August 9: Weekday Wonders gardening

August 13: Outdoor Worship

August 19: Paddling on the Mississippi River

August 20: Welcome Back Students Event planning meeting. Courtyard Concert

August 23: Weekday Wonders gardening. Evening Worship with Prayer Around the Cross. Friendly Visitors gathering.

September 3: Welcome Back Students Event and Book Sale

September 10: Faith Formation and Sunday Forums begin. two services at 8:30 and 10:30 a.m..  
Baptism for Layla Rapacz

## Life Events at Hope

We are a community of faith, called to hold one another in prayer. Here are some of the life events affecting our community. We need your help to know for what and whom we can pray. Please alert a pastor or contact the church office. We include in prayer...

**Welcoming children:** We pray for many in our congregation who are awaiting children, pregnant, discerning, and holding hope in joyful and painful times. We welcome Reid Fynn, child of Megan and Lance Radziej; and Leon, child of Ingrid Lee and her spouse Russ and grandchild of Ann and Wayne Lee.

**Deaths:** We pray for Tim and Muffi Abrahamson and their family at the death of their nephew Casey; Gary and Julie Richie at the death of Julie's sister Jane; Matt and Liz Fry at the death of Matt's grandmother Dona; Lana Brooks, Rick Krueger, Randy Krueger, Ronald Krueger, their family and friends at the death of their mother Elsie Krueger; and Randy, Kelly, and Seneca Brooks on the death of Randy's father Barry.

**Significant Illness:** We pray for those living with illness, cancer, recovery, uncertain diagnosis, chemical dependency, and mental health struggles, especially Janet Carpenter, Hannah Kiresuk, Grace Wagner, Madeline Teske, Janice (Rising) Minnich, and Chuck Lewis.

**Separation, Divorce, Retirement, Moves:** We hold each other in prayer. God is with us through these times of pain, joy, and new life.

## New Members

We will welcome new members in the coming months. If you are curious about membership at University Lutheran Church of Hope, speak with Pastor Jen ([jenn@ulch.org](mailto:jenn@ulch.org))

## Book Sale

We plan to have a great book sale this fall. Details will come later. Start saving those good books!

Ruth Fingerson

## Report from the President

It's exactly a year since Ann and I were in Norway, enjoying our postponed honeymoon. That trip is much on my mind just now, for a number of reasons: It was there that we heard about the death of Philando Castile, and the passing of a good friend at work. And we were just learning to live with the news of the cancer that had been discovered in Ann's mom, Grace.



Filled as it was with reminders of mortality, that trip also brought comforting assurances of the eternal. We visited an 800-year-old church that still stands at the center of my ancestral town. We attended an afternoon communion service in the Oslo cathedral. And we gazed in wonder at a farmhouse door where, sometime in the Middle Ages, people had daubed the sign of the cross, presumably to keep evil spirits out.

People in my family say that door dates back to at least 1350, the year the Black Death swept through Europe, killing an estimated 30 to 60 percent of the population. When the Christians of that time prayed "Deliver us from evil," they were not speaking in the abstract.

The evils of our own time seem very different – more understandable, maybe, and less supernatural. But they are nonetheless threatening, and we share with those people a common defense: the love of Christ. As they did, we come together in worship and praise, seeking to hear and spread God's word.

I hope your summer has been full of discovery and wonder.

God's peace to you and yours.  
Eric Ringham

---

## Hope in the World – A Look Ahead

Here are a few recent initiatives that Hope in the World will be involved with in the 2017-18 church year. Many are in connection with Hope staff, the Neighborhood and Campus team, and Relational Ministries, as we continue to work on ways to make our walls more porous:

**Sheridan Story:** Beginning our second full year of participation, with the possibility of expanding to serve other neighborhood schools.

**Racial Justice:** Continuing to refine a racial justice mission statement to be presented at the annual meeting, and gearing up for active involvement in particular areas of racial justice work.

**Sanctuary:** Continuing Hope's participation in the University Area Sanctuary Coalition.

**Mini-Market:** Participating in the discernment process about setting up a mini-farmer's market at Hope.

**Bread Ministry:** Developing plans for this kind of outreach as the project to build a brick oven heats up this year.

If you are not now, but think you might like to be, involved in one or more of these areas, your participation would be most welcomed. Please contact Pastor Jen or me and make your interests known.

Bruce Eldevik  
Hope in the World

## 5<sup>th</sup> Annual Welcome Back Students Event: Your Ideas Wanted

Interested Hope members are invited to participate in planning meetings for this year's Welcome Back University Students Festival. Planning meetings will be held August 6 and August 20 after the 10:00 a.m. worship service. Come join us – whether you have volunteered for past events, have a question, or just have curiosity. Grab your coffee or tea, sit down, and join the conversation. As this is the 5<sup>th</sup> annual Festival, we have a great track record upon which to build – and we also want your fresh ideas.

Have you noticed that the Welcome Back Festival has essentially morphed into an Open House for Hope? And it also aligns nicely with one of Hope's three Vision Goals. As we Ignite Our Life Together, we have pledged to "Engage the surrounding neighborhoods and make our walls porous." The event provides numerous opportunities to engage your time and talent, including but not limited to: planning, promotion (social media and otherwise), knocking on neighborhood doors, event set-up and take-down; student welcome center; activities including lawn games; event recycling and education; entertainment; and great food. The used book sale will be a feature again this year.

**This year's Welcome Back University Students Festival will be held Sunday September 3**, starting at 11:00 a.m. For more information, please contact John Bablitch, [mplsjfb@gmail.com](mailto:mplsjfb@gmail.com), phone/text 612-408-4595; or Nick Tangen, Minister of Faith in Community, [nickt@ulch.org](mailto:nickt@ulch.org), (612) 331-5988 x14.

Peace be with you!

Nicholas Tangen

Minister of Faith in Community

---

## Late Summer Paddling

Get outside and connect or reconnect with Hope friends by joining in some paddling opportunities. If you haven't joined in these adventures, this invitation is especially for you. Families with kids, and youth, welcome. Talk with John Bablitch at [mplsjfb@gmail.com](mailto:mplsjfb@gmail.com) or (612)408-4595, or Bryan Kufus at [bkufus462@icloud.com](mailto:bkufus462@icloud.com) for more information. Next event is August 19 paddling on the Mississippi River. Looking ahead, we'll go paddling October 7 on Bde Maka Ska (formerly Lake Calhoun).



## Camp Amnicon

A group of our young people and Pastor Jen will be paddling on Lake Superior in the Apostle Islands at Camp Amnicon August 6-11. On Sunday, August 6 we'll send this group off with Godspeed. Please hold them in your prayers through the week and be ready for some stories upon their return. Adventures like this can be life-changing and faith-forming. We pray for joy, safety, and growth through the week.

## Holy Land Tour March 13-27, 2018

Members and friends of Hope, you are invited to visit the biblical lands of Jordan, Palestine, and Israel. For two weeks we will visit religious and historical sites, beginning with the ruins of ancient Petra in Jordan, and culminating on the Mount of Olives in Jerusalem on Palm Sunday. Included are the beautiful Sea of Galilee, King Herod's formidable palace at Masada, and churches marking the places of Jesus birth, death, and resurrection. We will also visit Lutheran congregations and their schools, meet Arab Christians, and hear of continuing struggles of the Palestinian people.



Rev. John Setterlund has organized and will host this tour. He lived in the West Bank city of Beit Jala, assisting the Lutheran pastor there from 2006 to 2008. Since then, he has returned many times, alone and as a group leader. John is particularly eager to introduce you to the legendary hospitality and warm friendship he has experienced in the Holy Land. Please feel free to contact him for details at (217)828-1038).

Assisting the tour planning is Michele at Carlson-Wagonlit Travel, located in Macy's at Rosedale (763-852-8144 or 855-591-9852).

---

## Weekday Wonders, Weekend Warriors for August

Weekday Wonders, a Wednesday daytime gardening group, is now working to get our gardens in shape and maintained throughout the growing season. Our organizational meeting was May 3. We are now meeting every other week to maintain the Gardens of Hope and to have fun, relax, and learn about plants and the environment.



The Weekday Wonders will continue to work on garden maintenance in August with sessions on Wednesdays August 9 and 23, from 10:00 a.m. to noon. But we have a huge challenge along the fence on the edge of our west parking lot, so we are calling in the Weekend Warriors on Saturday, August 19, for a full-on initiative to subdue and organize that area for this season and beyond. So, whether you come to the Wednesday sessions or not, please plan to come on August 19 with whatever tools you have – forks, shovels, pickaxes, saws, raw muscle, whatever – to get that area under control. We need all the help we can get; put it on your calendar now! We will start at 8:30 a.m. and go until the battle is won – defeat is not an option! (There will be food and drink to sustain the troops.)

Kathy Knudson for Gardens of Hope

---

## Hope Book Club

On Aug. 13th at 7:00 p.m. in the Hope Library, the Hope Book Club will discuss *The Handmaid's Tale*, by Margaret Atwood.



Offred lives in The Republic of Gilead, to some a utopian vision of the future, a place of safety, a place where everyone has a purpose, a function. But The Republic of Gilead offers Offred only one function: to breed. This novel seems ever more vital in the present day, where women in many parts of the world live similar lives, dictated by biological determinism and misogyny. – *The Guardian*

Sept. 10: *The Summer Before the War*, by Helen Simonson (Ruth Fingerson's recommendation). Please contact Sonja Peterson with book suggestions or questions at (612)789-0397 or [speterson@dunnwald.com](mailto:speterson@dunnwald.com)

*"The only important thing in a book is the meaning that it has for you."* W. Somerset Maugham

## Staff

### **Pastors:**

Rev. Jen Nagel

Rev. Barbara Johnson

### **Minister of Worship & Music:**

Zach Busch

### **Minister of Faith in Community:**

Nicholas Tangen

### **Business Manager:** Gayle Bidne

### **Custodian:**

Geremew Beshah – weekdays

Ben Hartmann – Sunday

opening/closing

### **Child Care:** Julia Gerloff

### **Working in partnership with**

#### **Lutheran Campus Ministry:**

Rev. Kate Reuer Welton

## Vision & Governance Board

### **Officers:**

**President:** Eric Ringham

**Vice President:** John Lauber

**Past President:** John Rydeen

**Treasurer:** Ruth Hedman

### **Ministry Areas:**

**Worship & Music:** Lisa Morse

**Youth & Young Adults:**

Leena Haugland Rapacz

**Education:** Kirsten Mebust

**Hope in the World:** Bruce Eldevik

**Relational Ministries:** John Beane

**Operations:**

Ruth Hedman

John Rydeen

**Leadership Development**

**& Communications:**

Eric Ringham

John Lauber

**Board Secretary:** Ann Agrimson

## The Visitor

*The Visitor* is published monthly by University Lutheran Church of Hope, 601 13<sup>th</sup> Ave. SE, Minneapolis, MN 55414-1437.

Articles for *The Visitor* may be submitted via e-mail or directly to the church office. They must be signed. Electronic submissions in either Microsoft Word or plain text format are strongly preferred. Articles may be edited for length. Contributors are responsible for clearly identifying any material that is from published sources and for obtaining appropriate permission(s) to republish. Send submissions and correspondence to [visitor@ulch.org](mailto:visitor@ulch.org).

Deadline for submitting articles is the 15th of every month, for the following month's issue.

Copies of the current issue of *The Visitor*, as well as back issues, are at [www.ulch.org/VisitorArchive.asp](http://www.ulch.org/VisitorArchive.asp) or by contacting the church office.

Printed on 100% Recycled Paper.  
30% Post-Consumer Waste.



UNIVERSITY LUTHERAN  
CHURCH OF HOPE  
601 13<sup>th</sup> Avenue SE  
Minneapolis, Minnesota 55414-1437  
Return Service Requested

