

## University Lutheran Church of Hope's COVID Response

Just as the pandemic continues to evolve, so, too, our congregational response and community life evolves. While for more than a year we met only online, now we are in a season of hybrid worship, meeting in-person and on Sundays also offering a Zoom and YouTube option. During this time our early service in the Chapel is not happening.

- Masks are optional outdoors
- Masks are recommended indoors
- Honor one another's space, need for distance
- And please stay home if you aren't feeling well.
- The most up to date COVID policy can be found at [www.ulch.org/ulch-response-to-covid-19](http://www.ulch.org/ulch-response-to-covid-19)

## Sunday Mornings at Hope

### 9:30am Faith Formation for Children and Sunday Forum

Sunday School for children meets at 9:30am (masks required) in the courtyard or indoors. Sunday Forum for all ages gathers at 9:30am in Heritage Hall with a Zoom option. And the WiFi is on and there's always a comfortable spot to savor quiet time.

### 10:30am Worship

Worship is at the heart of our life together. Our worship experience draws on the Lutheran tradition, rich in an eclectic mix of music, and led by the choir and a variety of preachers connecting faith and life. Holy Communion is part of our service. (From Memorial Day Weekend thru Labor Day Weekend, our service shifts to 10am.)

### Wednesday Evening Services

Often we gather on a Wednesday evening (in-person or on Zoom) for a short contemplative service of prayer, song, and silence. Watch the schedule.

A comfortable place to study and relax.

If you're looking for a quiet space to relax, pray, or need to get away from campus to study, you've come to the right place. With Wi-Fi and plenty of space to spread out and work (including outdoors in the courtyard or on the patio), ULCH is a great study hall away from campus. Ask at the office for details.

*University Lutheran Church of Hope is a Reconciling in Christ congregation and a sanctuary congregation with a commitment to racial equity.*

#### Lead Pastor

Rev. Jen Nagel | [jenn@ulch.org](mailto:jenn@ulch.org)

#### Pastor for Care and Nurture

Rev. Maria Anderson-Lippert | [mariaa@ulch.org](mailto:mariaa@ulch.org)

#### Pastoral Intern

Emily Brown | [ebrown001@luthersem.edu](mailto:ebrown001@luthersem.edu)

#### Minister of Worship and Music

Robert Ragoonanan | [robertr@ulch.org](mailto:robertr@ulch.org)

#### Minister of Community Engagement

Elise Carlson | [elisec@ulch.org](mailto:elisec@ulch.org)

#### Minister of Faith Formation

Morgan Strudthoff | [morgans@ulch.org](mailto:morgans@ulch.org)

#### Church Administrator

Nathan Obrestad | [nathano@ulch.org](mailto:nathano@ulch.org)

#### Financial Administrator

Kari Olson | [kario@ulch.org](mailto:kario@ulch.org)

#### Sunday Opener/Closer and Worship Tech Support

Seth Strudthoff

#### Custodian

Geremew Beshah

#### Lutheran Campus Pastor

Kate Reuer Welton | [kate@umnlutheran.org](mailto:kate@umnlutheran.org)

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September 2022

## Using Your Gifts and Passions Getting Involved

# UNIVERSITY LUTHERAN CHURCH OF HOPE

Complex world. Thoughtful church.



@ULCHope

[www.ulch.org](http://www.ulch.org)

## Neighborhood & Campus Involvement

We're making our walls "porous"-engaging our neighborhood, the campus, and those who are hungry or without housing.

**Elise Carlson | [elisec@ulch.org](mailto:elisec@ulch.org)**

## Racial Justice Growth

Deepening our awareness and involvement with issues of racial justice.

**Elise Carlson | [elisec@ulch.org](mailto:elisec@ulch.org)**

## Sanctuary and Immigration

ULCH declares our partnership with immigrants and others to resist unjust immigration policies and to offer our building as a holy sanctuary.

**Sheila Hougen | [shougen03@gmail.com](mailto:shougen03@gmail.com)**

## Every Meal

Providing "backpack food" over the weekends for hungry kids and families at Marcy Open School. [everymeal.org](http://everymeal.org) for more info about the program.

**Kathy Kufus | [kathykufus3@yahoo.com](mailto:kathykufus3@yahoo.com)**

## Mental Health Connect

Need help navigating mental health support for yourself or someone you love? Mental Health Connect [navigator@mhconnect.org](mailto:navigator@mhconnect.org) 612-312-3377.

**Sarah Wille | [willeer@comcast.net](mailto:willeer@comcast.net)**

## Congregational Leadership

Lots of ways to offer leadership, use your skills and gifts, and together grow in faith with a focus on stewardship, planning, vision, and our facility.

**Ann Agrimson | [ann.agrimson@yahoo.com](mailto:ann.agrimson@yahoo.com)**

## Hope Choir and Drop-In Choir

The Hope Choir rehearses Wednesdays at 7pm and before the 10:30am service on Sundays, Sept-May. They sing a wide variety of music from around the world and across the centuries, and rehearse in a way that allows everyone to feel comfortable and ready to sing on choir Sundays.

Come as you are, come when you can. COVID precautions are honored. All are welcome to join. For Drop-In Choir, simply come—rehearse morning-of and sing for worship. Low commitment. Watch the calendar for dates.

**Robert Ragoonanan | [robertr@ulch.org](mailto:robertr@ulch.org)**

## Instrumental and Vocal Music

Provide instrumental or vocal music during worship or other occasions.

**Robert Ragoonanan | [robertr@ulch.org](mailto:robertr@ulch.org)**

## Worship Leadership and Hospitality

Be an assisting minister, scripture reader, communion preparer, acolyte, or communion server for worship services. Assist with tech during worship. Serve as a greeter or usher for worship and special events.

**Robert Ragoonanan | [robertr@ulch.org](mailto:robertr@ulch.org)**

## Fellowship Time and Fellowship Meals

Sundays after worship many linger inside or out for conversation. Sign up if you'd like to host a Fellowship Time. Currently our monthly Fellowship Meals are on hold - watch the calendar for their return. These community meals are free for undergraduate and graduate students

**Becky Halvorson | [halvorson.becky@gmail.com](mailto:halvorson.becky@gmail.com)**

## Bread Oven Ministry

Bake bread and make pizza in our outdoor brick oven.

**John Bablitch | [mplsafb@gmail.com](mailto:mplsafb@gmail.com)**

## Green Team & Clean Energy Team

Living green as a congregation, at home, and in the community. Raingardens, recycling, LED lights, solar panels on the rooftop and parking lot canopy (that cover all our energy use!), there's a lot to learn and outreach to share.

**Stewart Herman | [herman@cord.edu](mailto:herman@cord.edu)**

## Garden Team

Dig in the dirt and make the area around the church beautiful.

**Kathy Knudson | [kaknudson@comcast.net](mailto:kaknudson@comcast.net)**

## Lutheran Campus Ministry (LCM)

"pause", Wednesday evening worship, 8pm, Grace University Lutheran (Stadium Village). A variety of small group ministries. Learn more at [umnlutheran.org](http://umnlutheran.org)

**Pastor Kate Reuer Welton | [pastorkate@umnlutheran.org](mailto:pastorkate@umnlutheran.org)**

## Bible & Brews

Exactly what it sounds like...bring your Bible, your favorite brewed beverage, and a penchant for laid back and engaging conversation about faith, scripture, and current events. 4th Mondays of the month, 6pm.

**Dan Bielenberg | [danbielenberg@gmail.com](mailto:danbielenberg@gmail.com)**

## Sunday Forums

Our tag line is "Complex World. Thoughtful Church." The Sunday Forums reflect this. Each Sunday, Sept-May - 9:30am-10:15am. Heritage Hall, Zoom.

**Nan Knutsen | [jnkc@comcast.net](mailto:jnkc@comcast.net)**

## Children's Faith Formation, Youth Group

Faith Formation for children (beginning around 3 years old) each Sunday 9:30am-10:15am. Monthly family gatherings. Youth group activities. All welcome to participate.

**Morgan Strudthoff | [morgans@ulch.org](mailto:morgans@ulch.org)**

## Hope Connections

Small group opportunity for discussion and faith growth. Sign up in the fall.

**John Beane | [pilgrim.beane@gmail.com](mailto:pilgrim.beane@gmail.com)**

## Book Club

Discuss a book each month, participate as able.

**Sonja Peterson | [speterson@dunwald.com](mailto:speterson@dunwald.com)**

## Women's Circles

Two groups of women meet for Bible study and friendship.

**Pauline Hendrickson | [pauline.hendrickson42@gmail.com](mailto:pauline.hendrickson42@gmail.com)**

## Men's Group

Time together and real conversation. In-person or on Zoom. 1st and 3rd Thursdays, 6pm.

**Eric Ringham | [eric.ringham@gmail.com](mailto:eric.ringham@gmail.com)**

## Young Adults

Young adults gathering for meals, game nights, Bible study, other events.

**Brady Wilmer | [brady.m.wilmer@gmail.com](mailto:brady.m.wilmer@gmail.com)**

## Friendly Visitors

Hope friends offer friendship and caring visits to homebound members.

**Rosalie Eldevik | [reldevik@msn.com](mailto:reldevik@msn.com)**

## Compassion Care

Lay ministers trained to care in times of grief and life crisis.

**Pastor Maria Anderson-Lippert | [mariaa@ulch.org](mailto:mariaa@ulch.org)**

## Hope Diamonds

Senior members of the congregation gather monthly for fellowship and special programming. Volunteers help setup, serve, and clean up.

**Pastor Maria Anderson-Lippert | [mariaa@ulch.org](mailto:mariaa@ulch.org)**

## Quilters

Quilt with others or learn how, most Mondays at 9:30am at church.

**Marty Lewis-Hunstiger | [mlewishunstiger@hotmail.com](mailto:mlewishunstiger@hotmail.com)**

## Crafting Group

Meets second Fridays of each month, 7pm, at church or on Zoom. Bring a craft project to work on, or just enjoy the community.

**Ann Agrimson | [ann.agrimson@yahoo.com](mailto:ann.agrimson@yahoo.com)**

## Basketball Pick Up Game

On hold during COVID. Typically Thursdays, 7:45-9pm, St. Lawrence Gym.

**Scott Hvizdos | [shvizdos@msn.com](mailto:shvizdos@msn.com)**

## Recreation & Retreats

We offer various opportunities to bike, hike, camp, or paddle with others. Annual Women's Retreat (January 27-29, 2023) and other retreat opportunities.

**Ann Beane | [spirit.beane@gmail.com](mailto:spirit.beane@gmail.com)**