

6th Sunday after Pentecost
July 5, 2026
10:00 AM



“Rest in God” by artist Liz Valente, 2021

University Lutheran Church of Hope is a welcoming, Christian community of faith centered on God’s grace and called to demonstrate God’s love for the world. University Lutheran Church of Hope is a Reconciling in Christ congregation with a commitment to racial equity.

Welcome. Peace be with you.

We continue our holy experiment. We’re worshipping together in-person and virtually on YouTube. Welcome!

For those worshipping in-person, please remember:

- ❖ **To support the health and wellness of all those among us**, feel welcome to use masks and hand sanitizer, stay current with your vaccinations, and stay home as needed if you are unwell.
- ❖ **We honor one another’s boundaries** by asking permission to be in close proximity, and finding alternate ways to greet one another and share the peace (a deep bow, the peace sign, an air hug, etc.). Our risk levels and comfort differ.
- ❖ **In our service today, we will share Holy Communion.** Ushers will direct you.
- ❖ **If you are new to the community** and wish to speak with a Pastor or be included in our communication and activities, fill out the blue slip in the pew rack and give it to an usher. We’ll follow up. It’s also just fine to be anonymous. To get more involved, check out our website: <http://www.ulch.org/> To receive the weekly enews, the Thursday Epistle, contact our church administrator at ulch@ulch.org.
- ❖ **Children are welcome in worship.** Kids, grab your SPARK Story Bibles. Craft tables are available for families at the front of the sanctuary. Note: The nursery is not staffed, but is available for your use. The nursery is on the upper level of the education wing, most easily reached from the doors nearest the baptismal font.
- ❖ **After worship, enjoy the time to linger for conversation** in the lounge, courtyard and patio.

Land Acknowledgment

This Land Acknowledgment, and our response, are both a work in progress. We’re actively engaged in a process to move beyond a simple acknowledgment, and toward a more active commitment. Watch for more opportunities for our community.

We gather for worship on the land of our Creator. Many of us and our church building dwell in the traditional home of the Dakota people, and a land over which the Anishinaabeg people and others also moved. They gathered and ate food, rested, died and gave birth, and prayed here, and many still do.

GATHERING

+ Indicates the assembly stand as able. Assembly parts are marked in **bold**.

ELW refers to the red hymnal, *Evangelical Lutheran Worship*. ACS refers to *All Creation Sings*, an ELW supplement.

Prelude

Recitative and Aria

Wayne Wold (2000)

Welcome

+ Confession and Forgiveness

Blessed be the holy Trinity, † one God,
whose compassion endures forever.

Amen.

Let us confess our sin to God.

Silence is kept for reflection.

Compassionate God,

we confess to you all our sins, all that weighs us down.

Our burden is heavy, and we cannot free ourselves.

In your mercy, call us back to you.

Your yoke is easy and your burden is light.

Restore us to dwell in your peace.

In Christ's name we pray,

Amen.

Jesus says, "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest."

In the name of God, Creator, † Redeemer, and Sustainer, your sins are forgiven.

Rest in God's love.

Amen.

+ Gathering Hymn

What a Friend We Have in Jesus

ELW 742

+ Greeting

The grace of the risen Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

+ Prayer of the Day

Lord of all the worlds, guide this nation by your Spirit to go forward in justice and freedom. As our country celebrates our 250th anniversary, give to all living in these lands the blessings of well-being and

guide us towards repentance in the ways that we have strayed from affirming and living into dignity and compassion for all. **Amen.**

WORD

Children's Message

Psalm 145:8-14

⁸ The LORD is gracious and full ¹ of compassion,
slow to anger and abounding in ¹ steadfast love.

⁹ **LORD, you are ¹ good to all,
and your compassion is over ¹ all your works. R**

¹⁰ All your works shall praise ¹ you, O LORD,
and your faithful ¹ ones shall bless you.

¹¹ **They shall tell of the glory ¹ of your kingdom
and speak ¹ of your power,**

¹² that all people may know ¹ of your power
and the glorious splendor ¹ of your kingdom.

¹³ **Your kingdom is an everlasting kingdom; your
dominion endures through- ¹ out all ages.**

**You, LORD, are faithful in all your words, and
loving in ¹ all your works.**

¹⁴ The Lord upholds all ¹ those who fall
and lifts up those who ¹ are bowed down. R

⁸ El SEÑOR es misericordioso y compasivo,
lento para la ira y grande en amor.

⁹ El SEÑOR es bueno con todos;
él tiene misericordia de todas sus obras.

¹⁰ Que te alaben, SEÑOR, todas tus obras;
que te bendigan tus fieles.

¹¹ Que hablen de la gloria de tu reino;
que proclamen tus proezas,

¹² para que todos conozcan tus proezas
y la gloria y esplendor de tu reino.

¹³ Tu reino es un reino eterno;
tu dominio permanece por todas las generaciones.

Fiel es el SEÑOR a su palabra
y santo en todas sus obras.

¹⁴ El SEÑOR sostiene a los caídos
y levanta a los agobiados.

+ Gospel Acclamation

ELW 633 by Goodson

Refrain – All

We've come this far by faith, leaning on the Lord;
 trust-ing in his ho-ly word, he's nev-er failed us yet.
 Oh, can't turn a-round, we've come this far by
 faith. We've come this far by faith.

+ Gospel Reading - Matthew 11:16-19, 25-30

The gospel according to Matthew, the eleventh chapter.

Glory to you, O Lord.

Jesus spoke to the crowd saying: “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’

“For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.” At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

»¿Con qué puedo comparar a esta generación? Se parece a los niños sentados en la plaza que gritan a los demás:

»“Tocamos la flauta

y ustedes no bailaron; cantamos por los muertos y ustedes no lloraron”.

»Porque vino Juan que no comía ni bebía y ellos dicen: “Tiene un demonio”. Vino el Hijo del hombre, que come y bebe, y dicen: “Este es un glotón y un borracho, amigo de recaudadores de impuestos y de pecadores”. Pero la sabiduría queda demostrada por sus hechos». En aquel tiempo Jesús dijo: «Te alabo, Padre, Señor del cielo y de la tierra, porque habiendo escondido estas cosas de los sabios e instruidos, se las has revelado a los niños. Sí, Padre, porque esa fue tu buena voluntad. »Mi Padre me ha entregado todas las cosas. Nadie conoce al Hijo, sino el Padre; nadie conoce al Padre, sino el Hijo y aquel a quien el Hijo quiera revelarlo. »Vengan a mí todos ustedes que

“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

The gospel of the Lord.
Praise to you, O Christ.

están cansados y agobiados; yo les daré descanso. Carguen con mi yugo y aprendan de mí, pues yo soy apacible y humilde de corazón, y encontrarán descanso para sus almas. Porque mi yugo es suave y mi carga es liviana».

El Evangelio del Señor.
Alabanza a ti, oh Cristo!

Sermon - Pastor Amanda Simons

+ Hymn of the Day

Day by Day

ELW 790

+ Prayers of the People

Following each petition: God of Grace, **hear our prayer.**

+ Sharing the Peace

The peace of Christ be with you always.

La paz de Cristo sea siempre con ustedes.

And also with you.

Y también contigo.

All are invited to share the peace of Christ using these or similar words “Peace be with you” or “La paz del Señor.”

MEAL

Offertory

You Pick-'em Hymn Sing

Thank you for your continued generosity! Donations may be sent electronically or by mail, or placed in the offering plate in the center of our space as you come forward for Holy Communion. A QR code is available on the last page of the bulletin.

+ Offertory Prayer

Merciful God, accept the fruits of our labor, gathered to give you glory. You have set a table before us, a glimpse of that great day when we will hunger and thirst no more. Nourish us with the body and blood of Jesus, that goodness and mercy may follow us and bless the world you love. In the name of Jesus,
Amen.

+The Great Thanksgiving

God be with you.

And also with you.

Lift up your hearts.

We lift them to our God.

Let us give thanks to our gracious God. **It is right to give our thanks and praise.**

It is indeed right.... we join their unending hymn:

+ Sanctus

ACS Setting 11



San-to, san - to, san - to Dios de glo - ria y po - der,
Ho - ly, ho - ly, ho - ly God of pow - er and might,



cie - los y tie - rra pro - cla - man tu glo - ria.
heav - en and earth . . . are full of your glo - ry.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.
Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.
Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ben - di - to a - quel que vie - ne en el nom - bre de Dios.
Bless - ed is the one who comes in the name of our God.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.
Ho - san - na, ho - san - na, ho - san-na in the high - est.



Ho - san - na, ho - san - na, ho - san-na en los cie - los.
Ho - san - na, ho - san - na, ho - san-na in the high - est.

+Eucharistic Prayer and Words of Institution

+The Lord's Prayer

Our Creator, Our Mother, Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Creador nuestro, Madre nuestra, Padre nuestro que estás en el cielo, santificado sea tu nombre. Venga tu reino. Hágase tu voluntad en la tierra como en el cielo. Danos hoy nuestro pan de cada día. Perdona nuestras ofensas como también nosotros perdonamos a los que nos ofenden. No nos dejes caer en tentación y líbranos del mal. Porque tuyo es el reino, tuyo es el poder y tuya es la gloria, ahora y siempre. Amén.

Holy Communion

We believe that Jesus Christ is present in Holy Communion with gifts of forgiveness, life and salvation. All who hunger for the presence of Christ in their life are invited to partake. By our participation in this meal and blessing, we are strengthened in faith and in life. All are welcome to commune.

If you are at home and sitting with others... *When sharing the bread with someone, say to them: "This is the body of Christ, given for you." When sharing the wine or grape juice, say, "This is the blood of Christ, shed for you."*

If you are at home on your own... *Hear the voice of the pastor naming these promises of grace and life for you. If you'd prefer a blessing, hear these promises: "You are a beloved child of God. May God strengthen you with grace through Christ for all we face today."*

If you are worshiping in-person today... *We invite you to come forward to receive the elements and hear the words of promise, or to receive a blessing. Following the direction of the ushers, come forward: pick up a cup, gather around the table, receive the bread (gluten free is available), receive either the red wine or white grape juice in your cup, place your used cup in the basket. Children of all ages are welcome to partake at Holy Communion.*

If you seek healing prayers today... *A healing minister is available during Holy Communion this morning. If you'd like prayers for healing for yourself, for those you love, or for other situations, you are invited to come to one of the healing ministers. You can ask for specific prayers or simply ask them to pray with you...and they will.*

If you are so inclined during this time... *You may dip into the baptismal waters and remember the promises, light candles for situations around the world and close to home or add a prayer to the prayer wall. All prayer slips remain anonymous. Periodically throughout the year, prayers are removed from the wall, blessed during worship, and burned in our courtyard fireplace as a sign of releasing our burdens and entrusting our concerns to God's care.*

Music During Communion

O God of Every Nation
In Christ There Is No East or West

ELW 713
ELW 650

+ Table Blessing

The body and blood of our Lord Jesus Christ strengthen you and keep you in God's grace. **Amen.**

+ Prayer after Communion

Holy One, through this meal you have made your home among us and are making all things new. Send us now to speak peace to anxious hearts, to love our enemies, and to bring your healing to the nations. In the name of Jesus, **Amen.**

+Announcements

SENDING

+Sending Hymn

This Is My Song (*vss. 1-2*)

ELW 887

+Blessing

God Almighty, who is the beginning and the end, Jesus Christ, the firstborn of the dead, and the Spirit, our advocate and peace, ☩ bless you now and forever. **Amen.**

+Dismissal

Go forth with courage, loving God and serving neighbors.
Thanks be to God.

Postlude

Jubilate

Emma Lou Diemer (1976)

Staff at University Lutheran Church of Hope

Lead Pastor

Rev. Amanda Simons (she/her)
amandas@ulch.org

Pastor

Rev. Maria Anderson-Lippert (she/her)
mariaa@ulch.org

Minister of Worship and Music

Paul Stever (he/him)
pauls@ulch.org

Financial Administrator

Catherine Menick (she/her)
FinAdmin@ulch.org

Interim Office Administrator

Sadie Bakken-Durchslag (she/her)
office@ulch.org

Worship a/v Tech

Addison Gillette (she/they)
ULCHTechAdmin@ulch.org

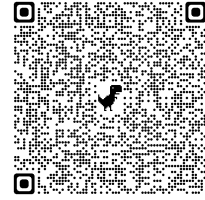
Custodian

Geremew Beshah (he/him)

Lutheran Campus Pastor

Kate Reuer Welton (she/her)
kate@umnlutheran.org

Giving electronically Use this QR code to reach the University Lutheran Church of Hope donation page:



Or go to www.ulch.org and click on the “Give” tab.

Thank you for your generous support of God’s ministry through ULCH.

Copyright Acknowledgments

Liturgy reprinted by permission under Augsburg Fortress Liturgies Annual License #3625 and from *Barn Geese Worship*, “All In” Lenten resources. Music throughout the service reprinted under OneLicense A-707451 unless otherwise noted.

Scripture excerpts in English from New Revised Standard Version Bible, copyright © 1989 National Council of the Churches of Christ in the USA, unless otherwise noted. Used by permission. All rights reserved worldwide.

Scripture excerpts in Spanish from Santa Biblia, NUEVA VERSIÓN INTERNACIONAL® NVI®, © 1999, 2015 por Biblica, Inc.® Usado con permiso de Biblica, Inc.® Reservados todos los derechos en todo el mundo. Used by permission. All rights reserved worldwide.



University Lutheran Church of Hope

601 13th Avenue SE

Minneapolis, MN 55414-1437

612.331.5988 www.ulch.org

Office hours: 9am to 2pm weekdays

Today’s Worship Leaders

Pastor Amanda Simons (presiding minister); Scott Hvizdos, (assisting minister); Paul Stever (musician); Ann Agrimson, Diane Greve, Tim Hopkins, (communion servers); Eric Ringham (lector); Kyle Rosenberg (worship tech facilitator); Sharlene Hensrud (greeter); Karen Jorstad, Brinnen Morgan, Troy Morgan, Ron Sorensen (ushers); Kathy Kufus, Gretchen Peik (communion clean-up); Donna Neste, Ann Rolle (healing prayer)